

Factors of teachers' psychological health-ailment within the period of their professional activity

Khusainova R.

Kazan Federal University, 420008, Kremlevskaya 18, Kazan, Russia

Abstract

Psychological health of school teachers is the subject-matter of this article. It is shown that teachers' psychological health has not been studied enough though health phenomenon has been researched to a high degree. The goal of the research is to study psychological health of teachers having different pedagogical experience and of different age groups. The data obtained indicate that with the increase of age and pedagogical experience, the level of teachers' behavioral performance aimed at their health support and promotion decreases. There have been found significant differences in the declared attitude to health as value and teachers' actual actions. © IDOSI Publications, 2014.

<http://dx.doi.org/10.5829/idosi.wasj.2014.30.05.14061>

Keywords

Age and Period of Teaching Experience, Psychological Health, Teacher